

**Shawnee County CDDO  
Affiliate Meeting  
Feb. 12, 2018**

**Present:** Janice Duran, Enabled hearth; Quinta Avance, Avance-d Community Alternatives; Tessy Best, Avance-d Community Alternatives; Tracy Martin, TARC; Jillian Ericson-Pelton, TARC; Alissa Napier, TARC; Daniel Gassman, Compassionate Care; Evan Faulkner, Advanced Individual Services; Debra McKee, TARC; Jeremy Chard, CDDO; Vincent Garcia, RICO Services; Roberta Lehman, RICO Services; Ramona Macek, Easter Seals Capper Foundation; Jenell Jones, Pearlie Mae's Compassion and Care; Shelby Fry, TARC-TIES; MaryAnn Hughes, Sunflower Supports; Jamie Cooper, CDDO; Erin Sowers, S & L Ranch; Lisa Marx, DCCCA; Merilee Larson, Lifeworx; Erin Toby, SLI; Coleen Hernandez, CDDO; Olga Hennessy, TARC-Day; Dolores Cummings, TARC-SD; Regina Georgeson, Equi-Venture Farms; Stephany Semple, TARC-SD; Samantha Boldra, SAMI; Sabrina Winston, CDDO; Robert Smith, CDDO; Billie Padilla, CDDO

**I. CDDO:**

- The CDDO has received a list of individuals being offered services off the Waiting List. Make sure the individuals contact information is correct.
- Capacity – Several providers are closed for referrals in Shawnee County. It was asked if providers are maintaining their own lists. TCM agencies were asked to not maintain a list.

**II. Guest Speaker(s):**

Lauren Lauridsen and Holly Frye, KDHE

Chronic Disease Self-Management Education (See attached handout).

Presentation on programs for individuals diagnosed with Arthritis, Rheumatoid Arthritis, Gout, Lupus, Fibromyalgia and other chronic diseases such as Diabetes or COPD.

Classes are held in community-centered locations. They are also offered in Spanish.

**Walk with Ease** meets three times per week. Individuals with assistive devices are welcome to join if they are able to stand a minimum of 10 minutes without pain.

**Enhanced Fitness** is for individuals that want to increase their daily activity. The group meets at 9 am Monday, Wednesday and Friday at the Downtown YMCA. Training for group leaders is available if interested.

For more information contact Lauren at [Lauren.Lauridsen@ks.gov](mailto:Lauren.Lauridsen@ks.gov) or call 785-291-3583 or Holly Frye at [Holly.Frye@ks.gov](mailto:Holly.Frye@ks.gov) or call 785-296-1627 or visit [www.ToolsForBetterHealthKS.org](http://www.ToolsForBetterHealthKS.org).

Janelle Carter, Quality Assurance Program Manager, KDADS  
See attached flyers.

Rights – Everyone has the same rights as we do.

- ✓ Risk Assessment vs Behavior Support Plan -
  - A Risk Assessment is needed any time an individual is at risk of harming themselves or others. It is identified as anything that restricts the persons rights due to behaviors or intervention.
  - Behavior Support Plan is needed anytime an individual is on any type of medications to manage their behavior(s). The Behavior Support Plan shall include all necessary documentation the medication, dosage, why it is being used, side effects, signed Informed Consent, Behavior Management form and tracking.
  - An Informed Consent is needed any time a change has been made including dosage.
- ✓ Be sure to document dates if you have attempted and not been successful in getting signed consent forms from the individual, family or guardian.
- ✓ Tracking required for the Behavior Support Plan includes frequency and severity of each incident. This tracking is different from the Behavior Tracking for the BASIS.

Compliance Review –

- ✓ Looking for systematic issues
- ✓ Findings will be disclosed at the time of the visit by the QMS.
- ✓ A Notice of Findings (NOF) will be sent identifying what was found to be out of compliance.
- ✓ Identification of the individual and staff will be sent out separately from the Notice of Findings.
- ✓ A Notice of Determination (NoD) is sent to the provider.
  - Outlines findings out of compliance
  - The process
  - Description of the five components to be included in the POC
- ✓ Mediation must be requested with 14 days of the date the NOF was sent. If a provider is not in compliance within 45 days it could result in fines and/or suspension.
  - If a provider chooses Mediation it is their responsibility to find the three mediators and submit to the State.

**Q.** What happens if a provider chooses mediation?

**A.** If mediation is chosen things remain the same until mediation results.

**Q.** Do all QMS use the same methods?

**A.** QMS staff meet quarterly. They are working on consistency.

**Q.** Are reviews something new?

**A.** No, it has always been in regulations. It was recognized that providers were not being held accountable.

- ✓ PCSP's must be completed within 365 days of the last one.

#### Goals

- ✓ Goals should be associated to the persons preferred lifestyle.
  - Work goals should also be associated with the individuals preferred lifestyle. For example: If the person enjoys going to the movies then their work goals can be associated with making money to go to the movies.
  - Make short/long term goals realistic.
  - Determine how tracking should be done and who will be tracking.
  - The team should review the tracking to see if the goal is working based on the individual.

#### **III. Other:**

- ✓ Putting the Pieces Together – Saturday, March 31<sup>st</sup>. See attached flyer.

***Next meeting is scheduled 2 pm on April 9, 2018***